



# Walking in Kingdom Trust: Living Unafraid of What You Cannot Control

by John Himmelberger

## Intro

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Walking in Kingdom Trust invites believers into a life no longer driven by control, fear, or self-protection. Trust is not passive optimism or blind faith. It is relational confidence rooted in knowing who God is and choosing to rest in His care when outcomes remain unseen. When God Himself becomes our boundary, trust becomes the posture that replaces striving. This teaching calls believers to release the illusion of control, embrace dependence, and live anchored in the faithfulness of a God who is present, active, and trustworthy. Walking in Kingdom Trust equips believers to live free from anxiety, steady in uncertainty, and secure in relationship rather than outcomes.

## My Intention and Assumptions

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I hope that your relationship with God, Jesus, and the Holy Spirit is strengthened through this teaching. My assumption is that you have read or are reading all 66 books of the Bible for context. This is meant to be 'salt' and make you thirsty. You're welcome.

## About the Author

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John Himmelberger is a teacher, pastor, and lifelong learner. With decades of experience walking with Jesus and leading others into transformational truth, John brings a grounded yet radical perspective rooted in Scripture, personal growth, and kingdom living.

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## **Focus**

Trust is the posture of rest that follows surrender.

Walking in Kingdom Trust means living anchored in the faithfulness of God rather than the predictability of outcomes. Trust is not pretending everything will work out. It is choosing to rely on who God is when you cannot see how things will unfold. Kingdom trust releases the burden of self-management and replaces anxiety with peace rooted in relationship.

Trust is not earned through understanding.  
It is formed through communion.

When God becomes your boundary, trust becomes your daily posture. You no longer need to control what He has already promised to carry. Kingdom trust frees your heart from fear, steadies your mind in uncertainty, and allows you to live unafraid in an unpredictable world.

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## **Key Truths**

- **Trust Is Relational, Not Circumstantial**

Trust grows from knowing Him, not managing outcomes.

Proverbs 3:5 AMP

Trust in and rely confidently on the Lord with all your heart and do not rely on your own insight or understanding.

- **Trust Replaces Control With Dependence**

Control exhausts. Trust sustains.

Psalms 127:1 AMP

Unless the Lord builds the house, they labor in vain who build it.

- **Trust Anchors Peace in Uncertainty**

Peace flows where trust is settled.

Isaiah 26:3 AMP

You will keep in perfect and constant peace the one whose mind is steadfast.

- **Trust Grows Through Surrender**

Trust deepens when we release what we cannot manage.

Matthew 6:25 AMP

Do not worry or be anxious about your life.

- Trust Is the Fruit of Presence

Awareness of His nearness displaces fear.

Psalm 9:10 AMP

Those who know Your name trust and rely on You.

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## Teaching Flow

### 1. Trust Begins With Knowing His Nature

“God is not a man that He should lie.”

Numbers 23:19 AMP

Trust does not begin with circumstances changing.

It begins with remembering who God is.

We trust what we believe about His character.

If His nature is faithful, our trust can remain steady even when outcomes are unclear.

When God’s nature becomes your anchor, fear loses its voice and control loses its grip.

#### **Illustration:**

Just as a child rests in a parent’s arms without understanding the journey, trust rests in relationship rather than explanation.

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### 2. Trust Exposes the Illusion of Control

“Which of you by worrying can add one cubit to his height?”

Matthew 6:27 AMP

Control often disguises itself as responsibility.

But anxiety reveals where trust has been replaced by self-reliance.

Trust does not remove responsibility.

It removes the false belief that everything depends on you.

When control loosens, peace returns.

**Illustration:**

Like trying to carry water in your hands for miles, control exhausts us because we were never designed to hold what only a vessel can carry. Trust is allowing God to be the container while we walk beside Him.

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**3. Trust Allows Rest Before Resolution**

“In peace and confident trust you will find strength.”  
Isaiah 30:15 AMP

Trust does not wait for answers before resting.  
It rests because God is already present.

Kingdom trust allows peace to exist before clarity arrives.  
Rest becomes possible when trust replaces urgency.

**Illustration:**

Jesus asleep in the boat was not indifference.  
It was trust expressed through rest.

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**4. Trust Grows Through Surrendered Dependence**

“Cast all your cares on Him, because He cares for you.”  
1 Peter 5:7 AMP

Trust deepens each time we release what we cannot carry.  
Surrender is not weakness.  
It is agreement with reality.

God never asked you to manage outcomes.  
He invited you to walk with Him.

**Illustration:**

Like laying down a heavy pack after miles of walking, surrender allows your strength to return because the weight was never yours to carry.

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**5. Trust Creates Stability in an Uncertain World**

“Though the earth be removed, we will not fear.”  
Psalm 46:2 AMP

Trust anchors you when everything else shifts.  
It allows you to remain steady without needing control, certainty, or immediate answers.

People draw peace from those who trust well.  
Your calm becomes an invitation for others to rest.

**Illustration:**

Like a deep anchor holding firm beneath turbulent waters, trust secures you even when the surface is unsettled.

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## Activation

**Prompt:**

Where have you been trying to control an outcome God is asking you to trust Him with?

**Steps:**

- Identify one area where anxiety has been present.
  - Ask the Holy Spirit: “What am I trying to manage that You are asking me to release?”
  - Name the fear underneath the control and offer it to God.
  - Practice rest this week before resolution appears.
  - Replace internal urgency with relational trust.
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## Declarations

- I trust God’s nature more than my circumstances.
  - I release control and embrace dependence.
  - Peace anchors my heart because God is faithful.
  - I rest even when answers are not yet visible.
  - Trust replaces anxiety in my mind and body.
  - God is my boundary and my security.
  - I live unafraid of what I cannot control.
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## Scripture Index

1. Trust Begins With Knowing His Nature — Numbers 23:19
2. Trust Exposes the Illusion of Control — Matthew 6:27
3. Trust Allows Rest Before Resolution — Isaiah 30:15
4. Trust Grows Through Surrendered Dependence — 1 Peter 5:7
5. Trust Creates Stability in an Uncertain World — Psalm 46:2

