



# A Kingdom Call - Session 3: Trained and Sent

by John Himmelberger

## Intro

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In the Kingdom of God, no one is self-made. This session invites you into Heaven's model of growth—where formation comes before mission, and maturity matters more than visibility. You'll explore how Jesus trains before He sends, how true leadership equips rather than entertains, and how we carry not ambition, but the heart of the King. If you've felt overlooked or rushed, this is your reminder: being hidden doesn't mean being forgotten. You are being prepared. Let this teaching reframe your process and ignite your purpose. You are being trained, equipped, and sent—for such a time as this.

## My Intention and Assumptions

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I hope that your relationship with God, Jesus, and the Holy Spirit is strengthened through this teaching. My assumption is that you have read or are reading all 66 books of the Bible for context. This is meant to be 'salt' and make you thirsty. You're welcome.

## About the Author

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John Himmelberger is a teacher, pastor, and lifelong learner. With decades of experience walking with Jesus and leading others into transformational truth, John brings a grounded yet radical perspective rooted in Scripture, personal growth, and kingdom living.

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## Session 3: Trained and Sent

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### Scriptures:

- Luke 10:1-3 , "The Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go."
  - Ephesians 4:11-13 , "So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ."
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### Focus:

In the Kingdom, you are not self-appointed, you are *trained, formed, and sent* by the King. Heaven's model is not independent influence, but commissioned representation. True ambassadors are not rushed, they are seasoned through discipleship, equipping, and consistent formation.

When we embrace God's commissioning, it reshapes:

- Our view of discipleship (formation before mission)
  - Our view of leadership (equippers, not just performers)
  - Our view of maturity (measured by Christlikeness, not platform)
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## Topic 1: Discipleship - Formation Before Mission

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### Introduction:

In Heaven's Kingdom, calling is confirmed through character, not charisma. Before Jesus sent His disciples, He *formed* them, teaching, correcting, stretching, empowering.

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### A. The Model of Jesus

- Jesus didn't rush people into influence; He walked them through intentional training.
- Discipleship was hands-on, heart-deep formation, not a seminar, but a shared life.
- Before they were "sent ones" (apostles), they were faithful students (disciples).

**Scripture:**

- Luke 6:40 - "The student is not above the teacher, but everyone who is fully trained will be like their teacher."

**Teaching Point:**

Training shapes you to represent the One you follow, not just talk about Him.

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**B. Training Is a Gift, Not a Punishment**

- Seasons of hiddenness and formation are not delays, they are preparations.
- Authority without training produces harm, for yourself and others.
- Embrace the slow work of becoming trustworthy, not just visible.

**Scripture:**

- Hebrews 12:11 - "No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it."

**Teaching Point:**

What feels like hiddenness is often Heaven's preparation.

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**Visual Summary Flow:**

Discipleship → Formation → Trustworthiness → Commissioning

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**Mini-Activation: Formation Commitment****Step 1: Reflection**

- Ask the Lord:
  - "Father, am I resisting the slow work of formation?"
  - "Where are You inviting me to be more deeply trained?"

**Step 2: Declaration**

I submit to Your training, Lord.

I embrace the season of formation.

I trust that You are preparing me not for fame, but for faithfulness.

I choose to be fully trained before I am fully sent.

### Step 3: Group Discussion

#### Question:

"What has God used in your life recently to form you more deeply?"

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### Topic 2: Equipping - Leaders Are Builders, Not Bosses

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#### Introduction:

Heaven's leadership gifts (apostles, prophets, evangelists, pastors, teachers) are not about building empires, they are about building *people*.

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#### A. Equipping, Not Entertaining

- Leaders are given to the Church to *equip*, not entertain or impress.
- True leadership calls people into maturity, not dependency.
- The goal is not to be admired, but to see others released.

#### Scripture:

- Ephesians 4:11-12 "To equip his people for works of service, so that the body of Christ may be built up."

#### Teaching Point:

Equipping multiplies strength, entertaining drains it.

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#### B. The Goal: Maturity, Not Hype

- True leaders aim to grow people into Christ's likeness, not into followers of themselves.
- Maturity looks like stability, love, wisdom, and resilience, not just excitement.

#### Scripture:

- Ephesians 4:13 "Until we all reach unity in the faith and in the knowledge of the Son of God and become mature."

#### Teaching Point:

The measure of success is maturity, not momentum.

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**Visual Summary Flow:**

Gifting → Equipping → Maturity → Multiplication

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**Mini-Activation: Submit to Equipping****Step 1: Reflection**

- Ask the Lord:
  - "Father, am I willing to be equipped, even when it stretches me?"
  - "Where are You calling me to grow into greater maturity?"

**Step 2: Declaration**

I welcome the gift of equipping.

I choose maturity over popularity.

I will not seek shortcuts; I will seek Your fullness.

I submit to leaders who are building me, not flattering me.

**Step 3: Group Discussion****Question:**

"How can you recognize when equipping is happening versus when entertainment is happening?"

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**Topic 3: Being Sent - Carriers of the King's Mission**

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**Introduction:**

Jesus didn't just form His disciples, He *sent* them with His authority, His message, and His heart. We are not just called to *attend*, we are called to *go*.

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**A. Sent, Not Self-Appointed**

- True sending comes after true surrender.
- We don't appoint ourselves into mission; we respond to His sending.
- Sent ones move with Heaven's authority because they have Heaven's commissioning.

**Scripture:**

- Luke 10:1-3 "The Lord appointed seventy-two others and sent them two by two ahead of him."

**Teaching Point:**

The sent life is the surrendered life.

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**B. Carriers, Not Competitors**

- We are sent to carry the message and presence of the King, not to compete for influence.
- Our lives should point beyond ourselves to the One who sent us.

**Scripture:**

- John 20:21 "As the Father has sent me, I am sending you."

**Teaching Point:**

We don't carry ambition; we carry the heart of the Father.

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**Visual Summary Flow:**

Formation → Equipping → Sending → Representation

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**Mini-Activation: Embrace the Sent Life****Step 1: Reflection**

- Ask the Lord:
  - "Father, where are You sending me?"
  - "Who are You calling me to carry Your heart to?"

**Step 2: Declaration**

I am a sent one.

I carry the message and heart of the King.

I walk in His authority, His love, and His mission.

I live for His glory, not my own.

**Step 3: Group Discussion**

**Question:**

"Where do you sense God sending you in this season, work, family, community?"

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**Final Closing for Session 3****Landing Thought:**

The Kingdom does not advance by self-promotion, but by surrendered lives shaped, equipped, and sent by the King.

**Commissioning Blessing:**

I bless you to embrace every season of training.

I bless you to be equipped, matured, and multiplied.

I bless you to go where you are sent, carrying the authority and compassion of Jesus Christ.

May you walk as a faithful ambassador of the Kingdom, trained, trusted, and sent in His name.